How does wheat grow? How do we use it? Wheat starts as a little seed. Farmers plant the seeds. The little plants have to get the sun. They have to get water. They will grow to be big. After a period, the wheat becomes tan. The farmer picks off the kernels. The kernels go to a factory. Here they are crushed. The little bits of wheat are flour. Flour is then used to make bread, noodles and biscuits. We use wheat in good things to eat.

1. What can a farmer grow? __________________________

2. What does wheat need to grow? __________________________

3. What food is made from wheat? __________________________

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